THAT WHICH IS CLAIMED IS:

- 1. A system for channel coding data within a digital communications system comprising:
- a data receiving circuit for receiving a digital input data sequence and periodically inserting known symbols into the digital input data sequence and forming an expanded digital input data sequence; and

an encoder operatively connected to said data receiving circuit for trellis encoding the expanded digital input data sequence to produce a channel coded data stream such that the number of connections between trellis nodes in a trellis are reduced.

- 2. A system according to Claim 1, wherein the known symbols that are inserted comprise zeros.
- 3. A system according to Claim 2, wherein the inserted zeros comprise an equivalent time varying convolutional code.
- 4. A system according to Claim 1, wherein said encoder comprises a convolutional encoder.
- 5. A system according to Claim 1, wherein the encoder applies code words that are one-to-one mappings of the distinct paths on a trellis to binary sequences.
- 6. A system according to Claim 1, wherein the topology of the trellis corresponds to memory length m, and the known symbols are inserted after each m symbol within the input data sequence.

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- 7. A system according to Claim 1, wherein the encoder is operative as a generator matrix having a constraint length k=m-1, wherein m corresponds to the memory length, and the code rate is R=1/l such that the known symbols are inserted after each k-1 information bit.
- 8. A system according to Claim 1, and further comprising a Maximum Likelihood (ML) decoder for receiving and decoding the channel coded data stream.
- 9. A system according to Claim 8, wherein the Maximum Likelihood (ML) decoder comprises a Viterbi decoder.
- 10. A method of channel coding data in a digital communications system comprising the steps of: receiving a digital input data sequence; periodically inserting known symbols into the digital input data sequence and forming an expanded digital input data sequence; and

trellis encoding the expanded digital input data sequence to produce a channel coded data stream such that the number of connections between trellis nodes in a trellis are reduced.

- 11. A method according to Claim 10, wherein the step of inserting known symbols comprises the step of inserting zeros into the digital input data sequence.
- 12. A method according to Claim 11, wherein the inserted zeros comprise an equivalent time varying convolutional code.

- 13. A method according to Claim 10, and further comprising the step of applying code words that are one-to-one mappings of the distinct paths on a trellis to binary sequences.
- 14. A method according to Claim 10, wherein the topology of the trellis corresponds to the memory length m, and further comprising the step of inserting a known symbol after each m symbol within the input data sequence.
- 15. A method according to Claim 10, and further comprising the step of decoding channel coded data stream within a maximum likelihood (ML) decoder.
- 16. A method according to Claim 15, and further comprising the step of decoding the channel coded data stream within a Viterbi decoder.
- 17. A method of channel coding data in a digital communications system comprising the steps of: receiving a digital input data sequence; periodically inserting known symbols into the digital input data sequence and forming an expanded digital input data sequence; and

trellis encoding the expanded digital input data sequence to produce a channel coded data stream by producing a generator matrix having a constraint length k=m-1, wherein m corresponds to the memory length and the code rate is R=1/l such that the known symbols are inserted after each k-1 information bit wherein the number of connections between trellis nodes in a trellis are reduced.

- 18. A method according to Claim 17, wherein the step of inserting known symbols comprises the step of inserting zeros into the digital input data sequence.
- 19. A method according to Claim 18, wherein the inserted zeros comprise an equivalent time varying convolutional code.
- 20. A method according to Claim 17, and further comprising the step of applying code words that are one-to-one mappings of the distinct paths on a trellis to binary sequences.
- 21. A method according to Claim 17, and further comprising the step of decoding channel coded data stream within a maximum likelihood (ML) decoder.
- 22. A method according to Claim 21, and further comprising the step of decoding the channel coded data stream within a Viterbi decoder.